

LA CANTINE  
SPORTS  
CLUB

## FOOD

## SWEET WINS

TROPICAL GREEK YOGHURT (D) (N) <i>Honey, mango, pineapple, passion fruit &amp; coconut flakes</i> <i>A clean winner</i>	68
COCONUT CHIA PUDDING (D) <i>Dark chocolate</i> <i>Smooth, creamy, and ready for the long rally</i>	60
HOUSE GRANOLA (D) (N) <i>Toasted in-house, crunch level: pro</i>	65
OVERNIGHT OATS (D) (N) <i>Rolled oats, green apple &amp; honey</i> <i>Slow build, strong finish</i>	58
AÇAÍ BOWL (VG) (N) <i>Mixed berries, granola &amp; honey</i>	87

(N) Nuts (VG) Vegan (D) Dairy (G) Gluten (SH) Shellfish (R) Raw (S) Seafood  
Please inform your server for any other allergens or dietary restriction  
Prices include 5% VAT, 10% service charge, and 7% municipality fee

## SAVOURY SERVES

QUINOA SMOKED SALMON BREAKFAST BOWL	85
<i>Poached eggs, avocado, tomatoes, cucumber, beetroot &amp; tahini citrus drizzle</i> <i>Match-point material</i>	
MEDITERRANEAN QUINOA AVOCADO BOWL (D)	70
<i>Avocado, tomatoes, cucumber, celery, red radish, Taggiasca olives, feta &amp; citrus drizzle</i>	
SALMON BOWL (G)	87
<i>Sushi rice, cherry tomatoes, togarashi, nori, takuan, radish &amp; ponzu dressing</i> <i>Fast, fresh, no unforced errors</i>	
TUNA BOWL (S) (G)	90
<i>Sushi rice, edamame, avocado, cucumber, scallions, cherry tomatoes &amp; sesame dressing</i> <i>Crowd favourite</i>	

## BACKHAND BEAUTIES

SMOKED SALMON TARTINE (G)	85
<i>Smashed avocado &amp; crisp lettuce</i>	
AVOCADO & POACHED EGGS TARTINE (G)	75
<i>Smashed avocado, spinach &amp; perfectly runny eggs</i>	

## WARM-UP PLATES

BEEF BRESAOLA (D)	89
<i>Arugula, aged parmesan &amp; extra virgin olive oil</i>	
“SALMONTINI” - SMOKED SALMON PLATTER	92
<i>Fresh citrus &amp; dill</i> <i>Light, sharp, and balanced</i>	
WAGYU BEEF CARPACCIO (D) (N)	86
<i>Grilled artichoke, aged parmesan &amp; pine nuts</i>	

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## STAY LIGHT ON YOUR FEET

KING CRAB & AVOCADO SALAD (SH) <i>King crab, avocado, lettuce &amp; seasoning</i>	175
GREEK SALAD (D) <i>Feta cheese, datterino, cucumber, onion, bell pepper, olives &amp; mint</i>	84
BEETROOT & GOAT CHEESE SALAD (D) (N) <i>Spinach, rocket &amp; walnuts</i>	96
BURRATA SALAD (D) <i>Honey, datterino tomatoes &amp; balsamic Soft touch, big impact</i>	90
TUNA NIÇOISE SALAD (S) (D) <i>Baby gem, potatoes, beans, cherry tomatoes, olives, boiled egg, anchovies</i>	94

## NEW PLAYERS ON THE COURT

GRILLED VEGETABLE SANDWICH (G) (D) <i>Sundried tomato tapenade &amp; proper crunch</i>	78
ROASTED CHICKEN SANDWICH (G) (D) <i>Tomato, arugula &amp; pesto</i>	92
SMOKED TURKEY & CHEESE TOASTIE (G) (D) <i>An all-time classic</i>	70
CAPRESE SANDWICH (G) (D) <i>Mozzarella, tomato, pesto &amp; basil</i>	74

## WRAP GAME

VEGETABLE WRAP (G) <i>Crunchy veggies, hummus &amp; za'atar</i>	76
CHICKEN WRAP (G) (D) <i>Capsicum, lettuce, avocado &amp; tzatziki Easy grab between sets</i>	88

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## SWEET FINISH

COCONUT PANNA COTTA (VG) <i>Berries &amp; toasted coconut chips</i>	56
PINEAPPLE CARPACCIO (VG) <i>Passion fruit &amp; coconut sorbet</i>	65
SEASONAL FRUIT PLATTER (VG) <i>Melon, watermelon, kiwi, papaya &amp; dragon fruit</i>	75
105 BROWNIE (G) (N) (D) <i>Dark chocolate, brownie, chantilly</i>	72

## DRINKS

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## SMOOTHIES

SKIN GLOW 55  
*Blueberry, Raspberry & Banana*

CLEAN GREENS 55  
*Spinach, Celery, Broccoli, Mango, Banana & Pineapple*

AFRICAN BLUE 55  
*Blue Spirulina, Mango, Coconut, Banana & Raspberry*

VITAMIN BOOSTER 55  
*Beetroot, Ginger, Pineapple & Blueberry*

PINK DRAGON 55  
*Dragon fruit, Mango & Strawberry*

*Add on* 25  
*Rite chocolate, vanilla protein 30g*

## SPECIALS

PEACH 50  
*Rite health peach, Jasmine tea, Tonic water*

GUAVA 50  
*Rite health guava, Red apple, Soda water*

COCONUT WATER 62

## NON-ALCOHOLIC SPARKLING WINE

WILD IDOL BLANC 90  
*Glass*

WILD IDOL ROSÉ 95

## MATCHA

MATCHA LATTE	36
MATCHA AFFOGATO <i>Matcha, Vanilla ice cream</i>	44
MATCHA SMOOTHIE <i>Banana, Matcha powder, Coconut milk, Vanilla</i>	50
MATCHA LEMONADE <i>Matcha, Cold Water, Lemon, Agave</i>	45
CUCUMBER SPARKLING MATCHA <i>Matcha, Soda, Lemon, Cucumber, Mint</i>	45

### Soft Drinks

ALL AED 32

COCA-COLA / COCA-COLA  
LIGHT / COCA-COLA ZERO /  
SPRITE / SPRITE ZERO

### Fresh Juices

ALL AED 40

ORANGE / PINEAPPLE /  
WATERMELON / GREEN APPLE

## Immunity Shots

ALL AED 35

VITAMIN C / TURMERIC ROOT /  
GINGER / GINSENG

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## HYDRATION

CADENCE ELECTROLYTE CREAM SODA	58
CADENCE ELECTROLYTE CITRUS	58
CADENCE ELECTROLYTE COLA	58
CADENCE ELECTROLYTE MELONBERRY	58
METE - ORIGINAL <i>Sparkling Yerba Mate 275ml</i>	56
METE - POMEGRANATE <i>Sparkling Yerba Mate 275ml</i>	56
METE - MINT <i>Sparkling Yerba Mate 275ml</i>	56
METE - GINGER <i>Sparkling Yerba Mate 275ml</i>	56

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## Cold Coffee

ICED LATTE	36
ICED AMERICANO	32
ICED SPANISH	40
FREDDO ESPRESSO	32

## Tea Selection

ALL AED 40
APPLE ELDERFLOWER, ORGANIC JASMINE MAO JIN, ASSAM BREAKFAST, RUSH HOUR BERRY, ROOIBOS VANILLA EARL GREY, ORGANIC CHAMOMILE COOLER

## Hot Coffee

ESPRESSO	26
DOUBLE ESPRESSO	30
DECAFFEINATED	30
CAPPUCCINO / LATTE	36
AMERICANO	36

MILK ALTERNATIVES : +5

ALMOND / COCONUT / SOY / OAT

## Water

EVIAN STILL / SPARKLING 750 ML	40
EVIAN NUDE STILL 500ML	30
EVIAN SPARKLING CAN 330ML	30

FROM  
LA CANTINE DU FAUBOURG  
*n°105, Rue du Faubourg, Saint-Honoré*  
*75008 Paris, France*

TO  
LA CANTINE BEACH  
*Delano, Bluewaters Island, Dubai,*  
*United Arab Emirates*